

CYCLOPATH CYCLING CLUB 2017

Bev Hanna-Jones / Fearless Leader

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The Cyclopath Cycling Club.....Way back in the early 90's a small cycling club was born....What started with a group of 6 enthusiastic cyclists, grew over the years to many more. Based in the Belleville, the club attracts people who like to bike but not race, who like to ride a distance without "going the distance" and who just like to get out with friends and have a good time. We are a *social* cycling group. We enjoy weekly rides, overnight tours and other fun events. Our members are *really nice people!* Most of the club members are retired but a few still work (like me). With that in mind, weekly rides are arranged to suit different schedules. If this sounds like the club for you then we would love you to come "along for the ride" and join the Cyclopath Cycling Club!

Who's Bev Hanna-Jones?That's me, your Fearless Leader...I organize all the rides, the overnight tours and almost everything else we do. You can say the club is my labour of love! There are some wonderful people helping with the club first and foremost is Barb Bosiak our membership coordinator.

Barb Bosiak: Barb is our Membership Coordinator extraordinaire! She takes your membership payment, your contact information (address, email and phone number) and distributes your membership card. Her email is pbbosiak@sympatico.ca
If you would like to join the club, please email Barb and myself with your contact information and you will be added to the cycling group email list that I generate.

Club Information: The club is open to all who enjoy biking with a great group of people. Our club is made up of men & women, the majority over the age of 55. Some are very strong cyclists and are always the first to finish the ride while others like to "stop and smell the roses" along the way. We all end up at the same place once the ride is over....usually a lunch spot. There's two or three routes to choose from for each ride. You choose the route that you are comfortable with. The rides happen once a week and the day varies each week. Our rides are in the Belleville and surrounding area..... Kingston, Cobourg, Prince Edward County, Stirling, Napanee and beyond. You need to get yourself and your

bike to the ride's starting point. Rides start in the morning. A lunch is usually organized with each ride....sometimes at a restaurant, or perhaps a picnic and sometimes a pot luck at a member's home (those are the best).

Membership: The Cyclopath Cycling Club membership is \$20 (cost hasn't changed in years) for the whole season. If you would like a nametag - they are \$5. You can buy your membership and order a nametag from Barb Bosiak on one of the rides or email the information to her. You can mail payment to Barb and if you do, please make the cheque out to the Cyclopath Cycling Club. Mail your fee to Barb Bosiak, 169 Holly Drive, Stirling, On K0K 3E0. You can also give your payment to Barb on one of the rides early in the season. **To join the club: email me and Barb both to let us know you want to be a Cyclopath and a member of the club. I will add you to my group email list and you will then get weekly emails from me.**

Signing Up for a Ride: I have a group email list of all members. I plan the weekly rides about a month in advance and then email a monthly schedule to everyone. The rides are weekly (the day of the week varies) and I let you know where to meet and at what time. The daytime rides are usually followed by a lunch. We meet at our starting place (I always try to find a place with washrooms) and enjoy our ride. After our ride we have lunch! It's that easy. You sign up for each ride by emailing me at bevhi@sympatico.ca You also let me know if you are doing the lunch so I can give the restaurant some notice. Rides are sometimes cancelled due to poor weatherI email the group about 2 hours before the start of a ride but even if a ride is cancelled we still do lunch if it is booked at a restaurant.

Rules of the Club: Two only.....wear a helmet and if a ride is cancelled due to weather, we still do the lunch IF it is at a restaurant or a catered event. I know it can be a pain sometimes to go to lunch if we did not have a ride but think of it as a chance to get together with friends....both new and old! A few reminders....always have water on a ride and remember to have a spare tube in your bike bag.

Overnight Cycling Tours: Every year I organize a few overnight tours. These are open to everyone.....non members welcome! I send flyers out by email early in the year detailing the coming tours. There are tours in Ontario and Quebec, further afield in Canada and overseas as well!

Looking forward to our 2017 cycling season,
Your Fearless Leader.....Bev Hanna-Jones

